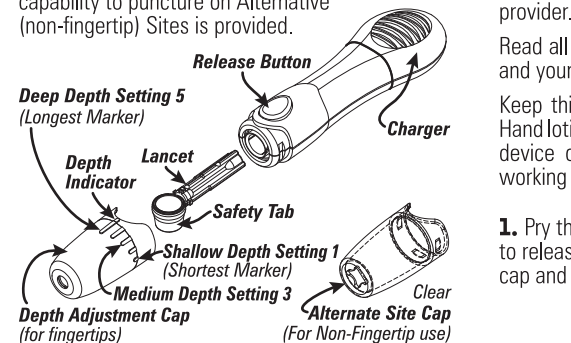


Lancing Device Instructions for Use

This lancing device is a simple, reliable way to acquire a drop of capillary blood for testing. It includes a system to adjust the depth of puncture. Most children and adults can obtain the required blood volume for testing using the shallow depth settings. The deeper settings may be necessary for persons with very thick or calloused skin. The capability to puncture on Alternative (non-fingertip) Sites is provided.



CAUTION: To reduce the chance of infection:

• **NEVER SHARE A LANCET OR LANCING DEVICE WITH ANOTHER PERSON.**

• Always use a new sterile lancet. Lancets are for single use only.

• Not for clinical or multi-patient use. For multi-patient environments a single use safety lancet is recommended rather than this lancing device.

• For additional instructions consult your healthcare provider.

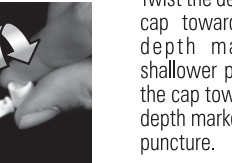
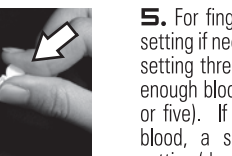
Read all instructions for your blood glucose meter and your lancing device carefully before testing.

Keep this lancing device and your lancets clean. Hand lotions, oils, dirt and debris on or in the lancing device or lancets may prevent the device from working correctly.

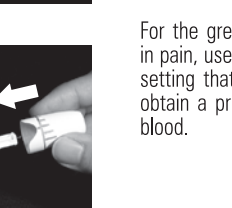
1. Pry the cap sideways to release. Remove the cap and set it aside.



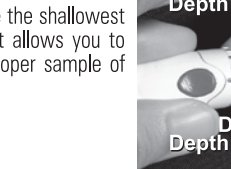
2. Insert lancet into holder. Push until the lancet comes to a complete stop inside the device.



3. Twist off the lancet's safety tab. Twist the safety tab until it is loose before pulling the safety tab off the lancet. Save the safety tab for lancet disposal.



4. Carefully replace the cap as shown and avoid contact with the exposed needle. Make sure the cap is fully seated on the device.

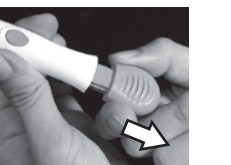


5. For fingertip lancing adjust the depth of puncture setting if necessary. You may choose to start with depth setting three. If depth setting three does not produce enough blood, use a deeper setting (depth setting four or five). If depth setting three does produce enough blood, a shallower depth setting (depth setting one or two) may produce enough blood with less pain.

Twist the depth adjustment cap towards the shorter depth markers for a shallower puncture. Twist the cap towards the longer depth markers for a deeper puncture.

For the greatest reduction in pain, use the shallowest setting that allows you to obtain a proper sample of blood.

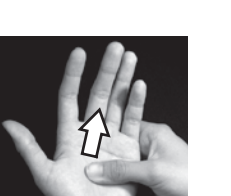
6. Pull the charger to reset the device. You may hear a click.



7. Prior to testing, wash your hands with soap. Use warm water to increase blood flow in your fingers. Rinse and dry your hands thoroughly.



8. Massage the hand from the wrist up to the fingertip a few times to encourage blood flow.



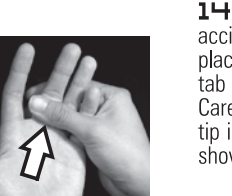
9. For the greatest reduction in pain, lance on the sides of the fingertips in the areas shown. Rotation of sites is recommended. Repeated punctures in the same spot can make your fingers sore and calloused.



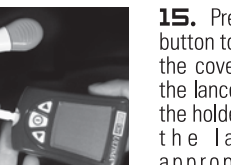
10. Hold the lancing device firmly against the side of the finger to be lanced, with the depth adjustment cap resting on the finger. Push the release button. (Note: Greater pressure of the device against the finger will also increase the puncture depth).



11. Gently massage from the base of the finger to the tip of the finger to obtain the required blood volume. Avoid smearing the blood sample.



12. Apply the blood sample to your test strip according to the instructions provided with your blood glucose meter. Wipe any remaining blood from your finger with a clean, dry tissue.



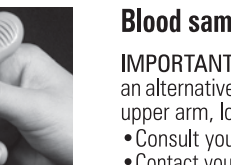
13. Remove the cap with a prying motion.



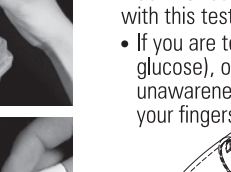
14. To prevent an accidental needle stick place the lancet safety tab on a hard surface. Carefully stick the lancet tip into the safety tab as shown.



15. Press the release button to allow access to the covered lancet. Pull the lancet straight out of the holder and dispose of the lancet in an appropriate sharps container.



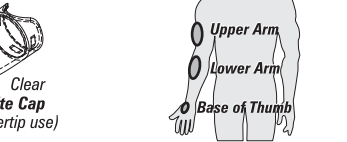
16. Replace the cap to prevent loss of cap.



Blood sampling from an Alternative Site:

IMPORTANT - If you choose to use a sample from an alternative site (a non-fingertip site), such as the upper arm, lower arm, or base of thumb:

- Consult your test strip instructions for use.
- Contact your healthcare professional before you sample from an alternative site
- Contact Customer Care to enhance your success with this testing method.
- If you are testing for hypoglycemia (low blood glucose), or if you suffer from hypoglycemia unawareness, we recommend that you test on your fingers.



This Alternative Site Blood Sampling Clear Cap is intended to be used in conjunction with this Lancing Device to obtain a blood sample from an alternative site for blood glucose testing. Do not share your lancing device Alternative Site Blood Sampling Clear Cap with anyone.

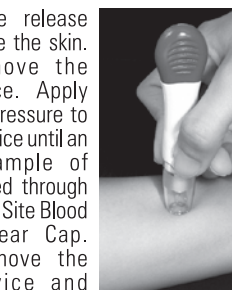
Obtaining a blood drop from an alternative blood sampling site.

Refer to your test strip instructions for use for appropriate locations and conditions for blood glucose testing at alternative sites (forearm, upper arm, or base of thumb only.)

Alternative Site Instructions:

1. Remove the depth adjustment cap.
2. Prepare the lancing device for blood sampling, as directed in the Lancing Device Instructions for Use, steps 2 and 3.
3. Attach the Alternative Site Blood Sampling Clear Cap instead of depth adjustment cap. There is no need to adjust the depth of puncture setting with the clear cap.
4. Rub the site to be sampled until it is warm. This will bring the blood to the surface of the skin. Hold the lancing device to the surface of the skin area to be sampled.

5. Press the release button to lance the skin. Do not remove the lancing device. Apply steady, even pressure to the lancing device until an adequate sample of blood is viewed through the Alternative Site Blood Sampling Clear Cap. Carefully remove the lancing device and sample the blood drop with your meter and test strip.



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